

## HYPNOTIC WRERS

## AGE REGRESSION

Associate into the Experience

**VIDEO LINK:** 

http://worksmarthypnosis.com/hypnotic-workers/age-regression/



## **AGE REGRESSION**Associate in the Experience

## **JASON LINETT:**

So into our next phase of age regression. Now we are going to associate into the experience which we are going to do this by asking this or that style questions. Now take note, these questions are asked in the present tense. These questions are for you but they are mostly there for the client. So I am going to jot down some letters in terms of what they say. It is daytime, I am inside, and I am with people. I will write down DIW. Daytime, inside, with, just as a little marker for me in terms of my knowledge so I have got the note. Be there in that experience now, daytime or nighttime. Nighttime. Inside or outside? Outside. Alone or with someone, with someone. Be good, be there now, describe the scene what is going on. As opposed to what was happening to you? What was going on? Who was there with you? All of our statements, all of our questions are going to be in the present tense and by doing that it is going to associate them into the experience, into the positive hallucination, into the revivification of the process.

So, to play the play-by-play so far, we have done our affect bridge to bring up the emotional state and now we are going to fully associate them into the experience by asking these this-or-that questions. Again, remember the action result or action-action result formula. Even in this process, you can speak clearly. As you respond out loud, it carries you deeper into that moment. First impression, respond out loud daytime or night time? And very often I am pummeling away that out loud statement so that way I get an out loud response. Without it you might get the moment of confusion, oh I can speak? Yes, so instead, sales 101, satisfy objections before they arise. I'm just pummeling away at the out loud instruction. Which again, breaking this all down by individual components and techniques, we have now satisfied associating into the experience.