

## HYPNOTIC WRERS

## AGE REGRESSION

Informed Adult

**VIDEO LINK:** 

http://worksmarthypnosis.com/hypnotic-workers/age-regression/

## AGE REGRESSION Informed Adult

## JASON LINETT:

So, now that I have done a future progression, I'm now going to do rather than informed child, informed adult. Which simply is, collecting form the self in the future all those things you need to know today to guarantee that's where you're going. You could do this vocalized. I like it in silence and I like it with a double bond. And as this change is complete, either nod your head or say the words, "It's done." Take as much time as you need.

And you will sit there again with fingers crossed going, "Please do this, please do this, please do this." And again as soon as they do it, raise the roof, you're doing fantastic. Again, knocking on the dry wall, I have never had that moment stall.