

# HYPN OTIC WORKERS

## AGE REGRESSION

Past Life Regression

VIDEO LINK:

http://worksmarthypnosis.com/hypnotic-workers/age-regression/

### AGE REGRESSION Past Life Regression

#### JASON LINETT:

This briefly transitions us into a category of past life regression, which of the Jason Linett school of thought. Thanks to George Carlin "Thou shalt keep thine religion to thine self." The only belief system that truly matters is the belief system of the individual in my chair. So it doesn't matter what my opinion is. And honestly as a person who... I'll just openly share. You'll love the gestures associated with this. What I claim nowadays as "apathetic agnostic" for the benefit of two gesture at once.

I am fascinated by it but I don't feel the need to follow. I have things to that are spiritual in nature around what I believe in and self-care and self-healing. But again in terms of anything... I forget who it was that had that whole thing about, "People talk about organized religion." And he answered, "What about disorganized religion? Let's get together and worship together. When?" "Thursday is good." "Well 'm busy Thursday." "Well let's see who shows up." Disorganized religion.

But again, for me, my honest style, I claim Jew-ish from my past lineage. Ish.

#### STUDENT:

lsh.

#### JASON LINETT:

Yeah. I can return anything. So... My people. So for those that may be and I would even argue and I don't make an eye contact with anybody as I say this. For those that would subscribe to atheism, I would often point out that there are some that are taking atheism to a point that might be as well be another religion.

So, what I would simply point out for anyone who is skeptical, judgmental. If anybody with any belief systems involving past life regression, hear this next statistic with the boldness it deserves: Of the population of the entire earth of the people who follow a religion, the majority of those individuals are within the religion that includes past lives as part of their belief system. So, of the people on this earth who follow a religion, the majority of those in the world who follow a religion includes concepts of past lives. So, this is not the weird little minority. Oh, no, this is majority depending on the country that you're in.

So once again, a place where, depending on the individual, and it's a place where we could get hyper critical for a moment. And we could say that if positive hallucination is a possibility within deeper level of hypnosis, maybe they're confabulating. Maybe it's some sort of self-preservation mechanism to create some sort of metaphorical past experience to excuse or explain the current situations today. Option number one.

Option number two, Albert Einstein, "Energy is never created not destroyed, it just becomes something else." We have not directly identified the unconscious mind and where thoughts comes from [inaudible 03:11] this whole system of energy around the world. And as one energy system passes, it moves to another. For both side of it, all I'd say is prove it. And you can't for either one. To which my real opinion is, isn't it fascinating? Let's see what happens. Let's deal with what emerges.

So it's how as a... I wouldn't even go so far as to say nonbeliever. It's a person who is wonderfully curious. Now, this is a thing, though. This kind of bridges into some of our business conversion. Which is where as a business owner, as a practitioner, you are allowed to have specialties. You are allowed to have you are more passionate about. Your dentist is someone who went to medical school and decided they like teeth so now they work with teeth. Your veterinarian decided they were tired of dealing with people and they're working with animals. You were fascinated by working with pain and that's why you're on the path that you're on. Helping people that's why you're on the path that you're on. Kelly was here with us before as a nurse and he followed that path as well. And all this different entities, podiatrists, man, feet, "I can look at those things all day" you know? Picking a specialty.

So it's a place where you will not see past life regression on my website. And if you call me and say, "I wanna do past life regression." My follow-up question will be, "What's your goal of doing that?" And the majority will say, "I'm just curious." At which point, I will offer several names and make referrals. Because my specialty, what I am really good at, is helping people produce change. And if your goal is just simply exploration, I'll just tell you, I'm just... That's just not something I do well. Though I know many people in the area who do it really well. "Where are you located? I'll give you some recommendations."

And it's not a statement of belief and disbelief. We're allowed to have categories that we just don't work with. I can name several hypnotists that the line was, "Yeah, I work with kids all the time and then I had my own kids and I stopped working with children. "Well, I get enough of that at home.

#### STUDENT:

Yeah.

#### **JASON LINETT:**

You know? I know of female hypnotists who have their office in their home and they only work with female clients. It's perfectly within the right of your business to choose those things you work on. And I'd give that very same answer to say, "That's just not something I do well. Well, I know this person who came to you, I wanna see you." "Well here is one of my students that's done a lot of training in that. Go see her. She's fantastic."

I can't get passionate about exploration. I can get passionate about bringing you along for the ride of that change. So it's a category I don't openly work with that much. Though I'd reference... Bit of a bold statement. Anyone here had done some study of past life regression with hypnosis before? Did that pop up with trans-personal stuff at all?

#### STUDENT:

Some.

#### JASON LINETT:

Some. Tell me if you would agree with this bold statement I'm about to make. If you disagree, I'm gonna send you home with no certificate. No. It would be the question of having gone through ethical of never leading the witness style of regression, "Would you accept the knowledge that even with base level of past life regression, let's call it 'technologies'... Having understood some of the strategies we've talked about so far this afternoon. You can probably do a more ethical and effective past life regression than most people out there. Advertising they do past life regression?" You're nodding.

#### STUDENT:

Yeah. Mm-hmm.

#### JASON LINETT:

Because it's a category where let me now get critical. Too many of them are leaving like crazy. There's a guy in our local area who I know will eventually see this video segment. Who put on a newsletter recently, looking for people with past lives dating back to the Civil War. How do you think those sessions are gonna go? Do you think everybody is gonna find something who calls them up? Yeah. They've been suggested you had past life in this entity. Likewise, there's a story of a psychic medium doing readings at a convention where sure enough everybody had been a slave in the inquisition. Wow. Talk about those thoughts. She was leading. Go back to that experience where this happened. There's a story of a hypnotist who was actually dead on the side of the road for several moments. Car accident. Seat belt failed. He goes through the windshield. He is dead for like a minutes or two. Clear! And in the moment of being revived, there was a blinding flash of light. Now this is a very spiritual man and in his words, "I was curious what that blinding flash of light was." Logically speaking, it might have been 20,000 volts going through my body or it may have been something else.

So, he seeks out the services of another hypnotist in the area whom he respects. And he's in the experience. And he goes, "It is incredible because there is a moment where I felt every bit of physical pain of the glass scrapping my skin. Being thrown out of the car. Landing with a thud and my heart stopping. And it was incredible," because he goes, "She laid her hand on my shoulder and suggested to turn down those sensations. And they all went away. She allowed me to float out of my body and walk around and explore the scene. And as I got closer to the light, she invited me. If I felt it was comfortable to do so, to walk through the light." And now describe the spaceship. In my eyes, ping. Come again? Oh, in my experience, near-death experience is always alien abduction.

Black jack dealer in Vegas. Dealer up. Well, this has been nice. Thank you. She was bringing her own perceptions into the process. There's a small controversy in this local area where several of us dealt with a client that this local hypnotist said, "Oh, well the reason you have that issue is that you've been possessed by a demon." So again, "thou shalt keep thine religion to thine self."

So what do you do though if you're doing this process and they spontaneously go into their perception of a past life or what may actually be a past life? We'll leave the judgment out of it. Realize at this point, you could be playing ISEs and SSEs through infinite life spans all the way back to Big Bang or Adam and Even or whatever your belief systems may be.

So we wanna shortcut it. The easiest strategy, and this kind of combines some themes I've learned from various places. Have the move to the moment where the soul left the body of that life. And let the soul now do the informed child process like we did the informed adult.

Allow yourselves to receive from that soul everything you need to know from this lifetime to render this thing a nonissue. AS you've done that, either nod your head or say the words, "It's done." So for the spontaneous moment where they go to that, that's a possible option.

In a similar yet different category, I have heard people regress to the womb. And there I am and before I'm even born, I know my mother doesn't want me. Yes, memories are forming even in the later weeks of pregnancy. Though I kind of put it in a similar category. To which again basically, it's the same informing thing just from another angle. As you get you tell that baby, that you get to tell that almost newborn everything it needs to know. So as it is born, it can enter into life with the knowledge you wish you had. Basically, same formula. Just find your desired method.

If you goal is past life regression for the sake of exploration and discovery, respectfully it's a place where I will not pretend to teach something that I do not have an expertise in. Though, I would reference inside of resources that you all already have inside of art of hypnotherapy is a beautiful strategy. That when I've been pressed that's exactly what I did.

Roy gives a menu. Hey, to do this past life regression, we can basically do one of three options. We can do the "Bridge Through Time," whereas you travel through the bridge, this is what occurs, and two other metaphorical experiences. Which of those three would you like use to explore your past lives? And as soon as you have a response, you've got a contract. They're going there. Though it's again a place where I would point elsewhere at this point and I'll send around some resources on that. And a link to that associated with this as well.